

SAFETY TRAINING VIDEO LIBRARY



**Alabama Municipal Insurance Corporation
&
Municipal Workers Compensation Fund, Inc.**



Loss Control Department

P.O. Box 1270
Montgomery, Alabama 36102
Phone: (334)262-2566
Fax: (334)262-0200



VIDEO CHECK-OUT FORM



TO: AMIC/MWCF
ATTN: Rachel Wagner
535 Adams Avenue
Montgomery, Alabama 36104
Phone: (334) 262-2566
Fax: (334) 263-0200

PLEASE PRINT CLEARLY OR TYPE
PLEASE RETURN VIDEOS PROMPTLY

FROM:

Contact Person: _____ Title: _____

City/Agency: _____

Address: _____

City: _____ State: _____ Zip: _____ Telephone: (____) _____

E-mail Address: _____

Please send me the following video(s) for showing to our employees. I understand that the loan period is for two weeks and that I am responsible for the safe return of the films to the address noted above. Failure to return videos within 14 days of receipt will result in a \$75.00 replacement fee being assessed. Some videos have a waiting list and are sent on a first-come first-served basis. Please be patient.

PLEASE USE THIS FORM TO ORDER VIDEOS (FAX OR MAIL). NO PHONE ORDERS PLEASE.
Please include this form when returning videos (for identification),

Name of Video(s): _____ Video# _____

_____ Video# _____

_____ Video # _____

Signature: _____ Date: _____

Title: _____

** For an up-to-date list of our safety video library go to our website: www.alalm.org then click on the MWCF or AMIC logo and look for safety videos.**

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MWCF / AMIC
P. O. BOX 1270
MONTGOMERY, AL 36102
(334) 262-2566 PHONE
(334) 263-0200 FAX

I. **Reservations, Rules & Restrictions**

A. **Checking Out Videos**

1. All videos are made available to members of MWCF and AMIC free of charge.
2. Checking out a video entitles you to view and show it to your employees for a total period of two weeks. **Please return videos promptly within 14 days of receipt. A replacement fee of \$350.00 will be assessed for any video not returned.**
3. To obtain a video, fill out the enclosed order form. Videos are loaned on a first-come, first-served basis.
4. A maximum of 3 videos may be checked out by the same entity within the same time period.

B. **Rules For Care of Videos**

1. Only responsible and experienced operators should be allowed to operate the VCR / DVD Player.
2. Keep your VCR / DVD Player clean.
3. Stay with the VCR / DVD Player during operation.
4. In the event of video damages, do not repair. Return the video and enclose a note saying "DAMAGED".
5. Please rewind all videos after use.

C. **Important Restrictions**

1. These Videos are loaned only for educational purposes.
2. Do not allow employees to take the videos home to view.
3. Video or tape copies may not be made of any of our videos.

II.

Video and Safety Meeting Recommendations

Learning increases dramatically through effective use of videos and other audiovisuals. Tests have shown that trainees can learn as much as 55% faster, and remember up to 70% more information thru the use of videos as compared with oral instructions alone. The following are pointers on the effective use of videos.

A. **Selection**

Select a video that most closely fits your employees' needs. Always preview a video before you schedule a showing, as a preview is the only way to know that it is right for your purpose. Make notes on any points in the video that you'll want to discuss after the showing.

Consider using discussion, practice demonstrations, or tests, for reinforcing or expanding upon the video message. Ask a local expert, or a knowledgeable employee, to demonstrate what was shown in the video. Avoid a set routine such as "monthly safety movies". Use videos to break the monotony of safety meetings, not to create monotony.

B. **Introducing a Video**

Tests have proven that an effective introduction of a video and a review of it after a showing can double the video's educational value. Prepare your audience by informing them about the video's major purpose and about any points requiring clarification or emphasis. Arouse interest by explaining how the audience will benefit from the message. Make them want to see the video. Point out how the message applies to their jobs or their lives. Ask a few questions to get your viewers to think about the subject. Create a "climate of interest" before the showing.

C. **Showing**

Immediately after you start the video, double check to make certain that the volume and focus are correct. Remain with the group throughout the entire showing as this helps to maintain full interest.

D. **Follow-Up**

Discussion usually reveals what has been overlooked or misunderstood. Clear up all misunderstandings and fill in on what has been overlooked. Discussion may reveal a need for additional education on the subject. Any type of follow-up activity that reinforces or expands upon the video's message or that promotes actual doing after learning is highly valuable.

E. **Make Videos Pay Their Way**

Costly work time is invested in video showings. That's why it is important to prepare carefully for the use of videos and plan follow-up efforts so that you can receive all the education benefits they have to offer. Videos have more ability to arouse and maintain interest, to inspire, to communicate ideas and to tell "how" and "why" than do any other kind of educational media. With advance planning, proper use, and vigorous follow-up, you will get full value from videos....and from any other audiovisuals that you employ.

The following model safety meeting outline may be used to help videos pay their way.

Model Safety Meeting Outline

1. Select appropriate topic. It's best to concentrate on one problem area than to use the shotgun approach and briefly mention numerous topics.
2. Review past accident injury experience. Let employees know why this topic is being covered.
3. Ask how each accident could have been prevented. Try to get employees to participate in the meeting.
4. Inform employees of proper procedures to be followed. Be thorough and encourage questions. (The employee safety coordinator will provide information when possible.)
5. Provide an actual demonstration. Let a foreman or qualified employee go through the procedure.
6. Show a supporting video, slide show, etc., if available. Videos are a great teaching aid when used properly. Employees retain information much easier when the message is combined with a visual image.
7. Close with comments on the importance of following procedures. You should also stress benefits to the employee, the employee's family and the municipality.
8. Ask for any questions or comments from employees.
9. Post proper procedure, poster, etc., on a bulletin board for employees to review at their convenience.

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5.003	The Invisible Killer: Carbon Monoxide	5
5.004	City Driving	5
5.005	City Driving Tactics: 2nd Edition	20
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5.007	Cutting It Short: Part 2	5
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* Video is a new addition to the video library

** Video is a new addition to the video library AND is available on DVD ONLY.

Video Index By Description

Animal Control Department

1.001 **Animal Handling & Safety**

Learn how to safely and humanely handle and restrain dogs and cats. This tape provides tricks of the trade that will improve animal handling skills and provide a safer working environment. Proper lifting, working with hazardous chemicals and equipment, fire safety, and protective measures are discussed.

Run time: 45 Minutes

1.002 **Animal Identification**

Chances of returning animals to owners are greatly enhanced if staff members know how to identify and describe animals. Popular breeds of dogs and cats are presented. Other topics include methods of describing mixed breeds and awareness of microchips, tattoos and tags.

Run time: 50 Minutes

1.003 **Dog & Cat Basics**

The public expects animal shelter staff members to know basic information about dogs and cats and often call upon them to answer questions about their pets. The information on this tape gives the knowledge required to educate the public and provide guidance for persons adopting animals from the shelter. Staff members learn about gestation periods, birthing, orphaned animals, weaning, housebreaking, litter box training, crating, teething, leash training, grooming, and spay and neuter surgery.

Run time: 50 Minutes

1.004 **Fleas, Ticks & Other Parasites**

This tape will educate staff on external and internal parasites common to domestic pets. Methods of control that can be implemented at the shelter and in the owner's home, and means of prevention are presented.

Run time: 46 Minutes

Animal Control Department (continued)

1.005 People Care / Kennel Care

This tape will provide information on dealing with the public, co-workers and animals in ways that promote health and good will. Prevent those giant steps backward that occur when lack of training leads to inadequate care of people or animals. Information includes tips on dealing with customers and co-workers as well as a proper cleaning, feeding and disease control.

Run time: 33 Minutes

1.006 Vaccination & Preventative Health

The immune system, how it works with vaccinations and the diseases they prevent are all presented on this training tape. Learn what vaccinations are needed and when they are needed to protect dogs and cats.

Run time: 45 Minutes

1.007 Safety Around Dogs

The American Kennel Club believes it's essential that everyone know how to behave safely around dogs by treating them with care, consideration and respect and steering clear of potentially dangerous situations. This video is geared toward children, but could be very helpful for adults too.

Run time: 14 Minutes

Building Construction

2.001 Construction Scaffold Safety

Constructing safe scaffolds and safety procedures while on a scaffold are presented in this video. What to look for while inspecting scaffolds is also described.

Run Time: 10 Minutes

2.002 Fall Protection

What is required and beyond. Falls from six feet or greater.

Run Time: 11 Minutes

2.003 Nail and Staple Guns

This video teaches how not to use pneumatic nails and staple guns.

Run Time: 5 Minutes

2.004 Scaffolds Part 1: General Requirements

Fatalities and serious injuries associated with scaffolds are common. Help reduce accidents by making sure supported scaffolds meet requirements for design and construction.

Run Time: 5 Minutes

2.005 Slips and Falls: Construction

Falls are the most common cause of on the job injuries, second only to back strains.

Run Time: 5 Minutes

2.006 Stationary Scaffolds

Falls from heights kill workers. Scaffold assembly, competent person hazards and safe work practices are all covered in this video.

Run Time: 11 Minutes

Building Construction (continued)

2.007 Suspension Scaffolds in Construction

Learn how to work safely on suspension scaffolds and more about scaffold assembly.

Run Time: 10 Minutes

2.008 Jobsite Safety Inspection

When you follow safety standards everybody wins: employees are safe, work is completed efficiently and costs are under control. Working safely benefits everyone. This video teaches how to complete a thorough jobsite inspection.

Run Time: 18 Minutes

2.009 Personal Protective Equipment

DVD ONLY

Because of the nature of construction work, hazards exist in practically every work place. Some PPE discussed in this video are: Eye Protection, Hearing Protection, Head Protection, Respirators, Hand Protection, High Visibility Work Wear, Foot Protection and Fall Protection

Run Time: 24 Minutes

2.010 Housekeeping on the Jobsite: A Plan for Success *DVD ONLY*

On any jobsite safety is everybody's responsibility. Four areas that affect the health and safety of the entire workplace that are discussed in this video are: 1)People 2)Equipment 3)Materials and 4)Environment. A safe environment starts with an effective housekeeping plan. We have to plan for a safe work environment, it doesn't just happen.

Run Time: 19 Minutes

Electrical Service

3.001 Climbing Poles and Ladders

Workers illustrate safe procedures for climbing poles and towers.

Run time: 5 Minutes

3.002 Construction Electrical Safety

This video describes techniques for using equipment safely, making the work environment safe and responding to an accident.

Run time: 10 Minutes

3.003 Electrical Maintenance

General electrical maintenance, lock out, tag out, and gloves are all covered in this video.

Run time: 10 Minutes

3.004 Electrical Safety/ Beware The Bite

Learn more about conductivity, levels of protection, safe work practices, lockout/tagout, personal protective equipment, and emergency response.

Run time: 20 Minutes

3.005 Electrical Safe Work Practices: Locking and Tagging

The accidental or unexpected sudden starting or contact with electrical equipment can be dangerous. This video talks about isolating the energy source with a lock and tag.

Run time: 5 Minutes

3.006 Lockout/Tagout

To help you understand lockout/tagout and the requirements of the OSHA standard, here are some basic definitions.

Run time: 13 Minutes

Electrical Service (continued)

3.007 **PPE: Electrical**

This video addresses the different types of PPE and situations in which different levels of appropriate PPE should be worn.

Run time: 12 Minutes

3.008 **Working Safely In The Proximity Of Power**

This video identifies power hazards when working on aerial or buried cable and on customer premises. Always inspect safety gear.

Run time: 19 Minutes

3.009 **Electrical Arc Flash Safety** ****DVD ONLY****

Electrical Arc Flash is a short circuit in the air that has the potential to be a very large short circuit through the air. This can cause extremely dangerous conditions. This video explores these conditions and OSHA regulations that are in place to protect you. It will also help you identify whether or not you are at risk.

Run Time: 13 Minutes

3.010 **Understanding and Working Safely With Electricity: The Basics** ****DVD ONLY****

We use electricity all the time and often we don't treat it with the respect it deserves. This video will help you to understand how electricity acts, how it can be approached and the hazards it presents. This video will also show you how these hazards can be controlled. This should be the beginning and not the end of your training in electrical safety. Some primary hazards of electricity include: shock, burns, arc-blasts, explosions and fires. Other topics covered in this video are: lightning safety, electrical storms, extension cords, electrical equipment and grounding, overloading circuits, electrical tools, water and electricity, power lines, heating appliances, fuses and circuit breakers.

Run Time: 16 Minutes

Fire Service / Emergency

4.001 Advancing Hoselines

How to advance and pull hose from pumper to fire is presented in this training video.

Run time: 18 Minutes

4.002 Bloodborne Pathogens: Control Your Exposure

It is important to understand what the hazards of bloodborne pathogens are and what preventative measures you can take to protect yourself from exposure.

Run time: 13 Minutes

4.003 Communications for Firemen

This video covers safety communication for firemen.

Run time: 30 Minutes

4.004 Emergency Vehicle Operations For Firemen

This video illustrates safety vehicle operations for firemen.

Run time: 24 Minutes

4.005 Fire Behavior

This video describes combustion and burning process, methods of heat transfer, phases of fire and the hazards of fire.

Run time: 19 Minutes

4.006 Fire Control 1

Techniques and safety consideration for structural fires, three methods of water Application and basic techniques for controlling other fires are presented.

Run time: 13 Minutes

Fire Service / Emergency (continued)

4.007 Fire Extinguishers

This video teaches basic fire protection, and how to use a fire extinguisher.

Run time: 11 Minutes

4.008 Incident Command for Firemen: Part 1

This video presents safety commands for firemen.

Run time: 21 Minutes

4.009 Incident Command for Firemen: Part 2

This video presents more safety commands for firemen.

Run time: 23 Minutes

4.010 Rescue BBP: Nothing to Fear

Utilize the expertise of firefighters and EMT'S to explain the importance of taking proper precautions concerning deadly bloodborne pathogens.

Run time: 22 Minutes

4.011 Twenty Five Key Fire Safety Behaviors

This video illustrates general safety topics for all firemen.

Run time: 35 Minutes

4.012 Interior Structural Fire Attack Training

Fire attack training is described on interior structures.

Run time: 39 Minutes

4.013 LP Gas

Run Time: 31 Minutes

Fire Service / Emergency (continued)**4.014 Disaster Safety: Aftermath and Cleanup *DVD ONLY***

No matter what type of disaster you are responding to, this video will provide you with a good understanding of the various conditions and situations you may face. You will learn about assessing hazards, safely handling and clearing debris, dealing with animals, handling human remains, personal protective equipment, handling stress and protection from hazards such as lead, asbestos and other chemicals.

Run Time: 17 Minutes

4.015 Back Safety for First Responders *DVD ONLY*

While your EMTs, firefighters and law enforcement officers take care of others, you have to take care of them. To keep them healthy, lean on these solid safety techniques and exercises to keep their back muscles strong and flexible. Some topics discussed in this video are: 1)Back structure, 2)Repetitive stress illnesses/reverse stretching, 3)Common first responder back injuries, 4)Proper lifting techniques, 5)Training points for handling stretchers, gurneys and fire hoses.

Run Time: 19 Minutes

4.016 Occupational Disease Prevention for Firefighters *DVD ONLY*

During the course of their careers, firefighters may be exposed to a number of air contaminants and other environmental factors that can cause cardiovascular disease, cancer and noise-induced hearing loss. This video discusses some of the common exposures firefighters face in the field and in fire stations and what they can do to reduce their risk of contracting occupational diseases. Some topics covered are: medical programs, fitness programs, nutrition programs, PPE and on-scene incident management. This video ends up with a discussion of the problems facing smaller fire departments to acquire the resources needed to implement needed programs, and offers solutions to solve this dilemma.

Run Time: 25 Minutes

Fleet / Maintenance Shop

5.001 A Matter of Degree: Part 1

A welding torch can be one of the most dangerous tools on any job site.

Run time: 5 Minutes

5.002 Amputation Injuries

Injuries can be devastating. First aid can save the life or limb of amputation victims.

Run time: 5 Minutes

5.003 The Invisible Killer: Carbon Monoxide

Carbon monoxide in the workplace is an invisible killer that strikes without warning. Learn to recognize its symptoms and first aid procedures to help anyone overcome it.

Run time: 5 Minutes

5.004 City Driving

You face many distractions and hazards while driving in the city.

Run time: 5 Minutes

5.005 City Driving Tactics: 2nd Edition

Within one mile on a city street, a driver has to make approximately 58 separate decisions.

Run time: 20 Minutes

5.006 Cutting It Short: Part 1

Mowing the grass can be dangerous if safety is neglected.

Run time: 5 Minutes

Fleet / Maintenance Shop (continued)

5.007 Cutting It Short: Part 2

Riding lawn mowers can be dangerous when safety is ignored.

Run time: 5 Minutes

5.008 Dock Safety – Lift Trucks

Motorized vehicles and pedestrians don't mix. Some of the most important things you can do to prevent lift truck accidents are covered.

Run time: 5 Minutes

5.009 Dozer Safety, Maintenance and Operation: Hydrostatic Drive Models (C-Series)

This video covers safety operation and maintenance operation.
Hydrostatic drive (C-series)

Run time: 26 Minutes

5.010 Dozer Safety, Maintenance and Operation: Torque Converter (G-Series)

This video covers safety operation and maintenance operation.
Torque converter- daily service (G series)

Run time: 26 Minutes

5.011 Driving Defensively 1

Workers are reminded of dangers in daily driving routines and offered defensive driving principles.

Run time: 5 Minutes

5.012 Driving Defensively 2

Part 2 explains more ways to prevent accidents by driving defensively.

Run time: 5 Minutes

Fleet / Maintenance Shop (continued)

5.013 Electrical Hazards: Common Mistakes

This is a general electrical shop safety video.

Run time: 6 Minutes

5.014 Forklift Safety

This video is a forklift program that meets OSHA requirements.

Run time: 16 Minutes

5.015 Fueling A Machine

Refueling a machine can be dangerous.

Run time: 5 Minutes

5.016 Good Driving is an Attitude

Driving safety is a conscious effort. Good driving begins with a good attitude.

Run time: 5 Minutes

5.017 Handling the Pressure (Hydroblasting)

A quick overview is offered of what you ought to know anytime you're working around hydroblasting.

Run time: 5 Minutes

5.018 Hand Tool Safety

This video alerts viewers to the potential hazards of simple hand tools and illustrates how common sense is the best tool of all.

Run time: 5 Minutes

Fleet / Maintenance Shop (continued)

5.019 Intersections

Nearly half of all urban accidents occur at intersections. This video teaches how to be safe at intersections.

Run time: 5 Minutes

5.020 Lighting Up Your Life

How much light is too much or not enough for safety?

Run time: 5 Minutes

5.021 Lockout/Tagout (Hazardous Energy Sources)

Procedures and reasons to use lockout/tagout are shown.

Run time: 5 Minutes

5.022 Machine Safety Guards

Machine guards protect the worker from dangerous moving machine parts. See how machine guards work and learn some safety tips to keep in mind when using them.

Run time: 5 Minutes

5.023 Machine Shop Safety

This video stresses the importance of good housekeeping in the machine shop, the importance of following safe work practices and wearing the appropriate personal protective equipment.

Run time: 8 Minutes

5.024 Night Driving Tactics

This video teaches that nighttime driving is riskier than daytime driving.

Run time: 17 Minutes

Fleet / Maintenance Shop (continued)

5.025 Portable Generators

Hazards associated with portable generators include risks of electric shock, carbon monoxide poisoning, fires and burns.

Run time: 5 Minutes

5.026 Portable Power Tools: Vol. 3

The circular saw is featured in this video. Learn how to avoid hand and leg injuries.

Run time: 23 Minutes

5.027 Portable Power Tools: Vol. 4

Portable sanders, portable drills, routers and portable power planer are featured in this video.

Run time: 21 Minutes

5.028 Stationary Power Tools: Vol. 1

Safety and proper use of table saw, radial arm saw and band saw are presented on this training tape.

Run time: 23 Minutes

5.029 Stationary Power Tools: Vol. 2

Safety of the drill press, bench sander, grinder, miter saw and jointer are illustrated on this video.

Run time: 27 Minutes

5.030 Power Tools: General Safety

Learn more about the many uses and hazards of power tools.

Run time: 5 Minutes

Fleet / Maintenance Shop (continued)

5.031 Pulling Trailers

Towing a trailer is a big responsibility. Follow safe procedures to ensure your safety and the safety of others.

Run time: 5 Minutes

5.032 Right-of-Way Mowing Safety

This video teaches a safer way to mow grass on and off right-of-way. It also provides maintenance and safety tips.

Run time: 23 Minutes

5.033 Safe Driving

This video is a good refresher of the basics of safe driving for occupational drivers.

Run time: 8 Minutes

5.034 Sharing the Road With Rolling Rigs

Big rigs and passenger cars can be a volatile mix.

Run time: 5 Minutes

5.035 Shock Hazards – Power Tools

Learn simple ways to prevent electric shock from power tools.

Run time: 5 Minutes

5.036 Short Cut to Disaster 2

Chainsaws, when properly used can be invaluable tools.

Run time: 5 Minutes

Fleet / Maintenance Shop (continued)

5.037 The Five Minute Inspection

In just five minutes you can take the steps you need to inspect your rig before you hit the road, or something on it.

Run time: 5 Minutes

5.038 The Right Tool

The tool that's the wrong size or is used in the wrong way won't get the job done and can lead to injury.

Run time: 5 Minutes

5.039 Tractor Safety

Tractors are "Power on Wheels." That power can help you, injure you, or kill you.

Run time: 5 Minutes

5.040 Traffic Safety

Traffic safety deals with simple traffic safety in defining road management and explaining how to effectively avoid becoming a statistic on the roadways.

Run time: 8 Minutes

5.041 Utility Vans: Part 1

When driving a utility van, inspect your vehicle and secure tools and cargo to help reduce the risk of accidents.

Run time: 5 Minutes

5.042 Utility Vans: Part 2

The keys to safety are knowing your vehicle and its limitations, and knowing how to handle your vehicle safely.

Run time: 5 Minutes

Fleet / Maintenance Shop (continued)

5.043 **Vehicle Safety**

This video offers basic safe driving tips for occupational drivers.

Run time: 13 Minutes

5.044 **Welding and Cutting Safety 2**

This video shows you how to control the power used in welding and cutting.

Run time: 5 Minutes

5.045 **Wheelbarrows**

Like any tool there is a right way and a wrong way to use wheelbarrows.

Run time: 5 Minutes

5.046 **Winter Driving**

How do you avoid slipping and sliding while driving on snow and ice?

Run time: 5 Minutes

5.047 **T-L-B**

Working with tractor-loader-backhoe puts you in the center of countless hazards.

Run time: 5 Minutes

5.048 **Driving Safety**

This video provides safe driving strategies to consider and some limits to keep in mind while driving a vehicle.

Run time: 13 Minutes

Fleet / Maintenance Shop (continued)

5.049 Driving Distractions of the Professional Driver

DVD or VHS

This video is designed for the driver who has unique distractions tied into their daily routine of driving for their organization.

Run Time: 17 Minutes

5.050 Backing and Parking

Thirty percent of all accidents are backing related. Learn how to reduce those accidents and their associated claims.

Run Time: 13 Minutes

5.051 Trucks, Vans and Other Delivery Vehicles

This video addresses the many unique aspects of driving vehicles where weights change, blind spots and other hazards.

Run Time: 17 Minutes

5.052 Why Do We Drive the Way We Do?

When many drivers get into their vehicles, they go on “autopilot” while others focus intently on their driving to get to where they are going as quickly as possible. Both drivers have to make choices behind the wheel. They are taking risks and putting themselves and others in danger.

Run Time: 11 Minutes

5.053 Landscaping Equipment: Safety and Maintenance

This video covers topics from how to properly dress when using landscaping equipment to how to maintain equipment. Some of the equipment discussed are mowers, string trimmers, chainsaws and chippers. How to handle and store chemicals such as fertilizers and herbicides are also discussed.

Run Time: 16 Minutes

Fleet / Maintenance Shop (continued)

5.054 Backing, Parking and Intersections

This video describes how to be safe when you must back up and when you park a vehicle. It also discusses safety in the three types of intersections: controlled intersections, uncontrollable intersections and blind intersections.

Run Time: 18 Minutes

5.055 Distracted Driving: At What Cost?

It is estimated that 25 to 50 percent of vehicle crashes involve distracted drivers. This video describes exactly what a distraction is. It also interviews a person who knows first hand the tragic consequences of distracted driving.

Run Time: 15 Minutes

5.056 Safe Driving Tactics: The Blindfold Effect

We would never try to drive blindfolded, but we might as well be when we let distractions get in our way. This video discusses how to anticipate, adjust and assume nothing while driving. It also discusses intersections, backing and following too closely.

Run Time: 18 Minutes

5.057 Backhoe Safety: Inspection and Walk Around

DVD ONLY

Backhoes are great pieces of equipment. They must be inspected before you use it, every time you use it. It is the law. This video is about how to perform a thorough and accurate pre-shift backhoe inspection.

Run Time: 14 Minutes

5.058 Driving Safely in Winter Conditions

DVD ONLY

The leading cause of death in winter storms is transportation accidents. This video teaches you how to react if you must drive in winter conditions. It talks about things you can do to prevent accidents in winter conditions also.

Run Time: 18 Minutes

Fleet / Maintenance Shop (continued)

5.059 The Extreme Driving Quiz

DVD ONLY

This video teaches you how to handle many difficult driving situations. Some topics discussed are road rage, cell phones, stalled cars, failed brakes, drunk drivers, roll overs, carjacking, bad weather and much more.

Run Time: 46 Minutes

5.060 Electrical Safety: Basic Principles

DVD ONLY

Wherever there are possible electrical hazards to people, equipment and property, your personal safety depends on understanding and practicing three things: (1) basic principles of electrical safety, (2) safe work practices and (3) correct response to emergencies. This video covers key points about basic principles of electricity.

Run Time: 15 Minutes

5.061 Road Rage: Highway Havoc

DVD ONLY

Road Rage is growing, becoming pervasive and is often fatal. This video interviews road rage victims and a road rage aggressor who is now in prison. It also discusses the reasons that road rage occurs, how to protect yourself in a road rage situation and what to do if you feel yourself getting caught up in a road rage incident.

Run Time: 20 Minutes

5.062 A DUI Story....What If?

DVD ONLY

Alcohol is society's legal, oldest and most popular drug. Since it is legal, most people don't consider it a drug, yet it can considerably influence and alter our thinking, judgment and motor skills. Those are three important things you will need when you operate a vehicle or any piece of machinery. This video tells the story of a man who was driving a company vehicle home. He stopped to play pool and hang out with some friends on his way home. He made some poor choices. Learn about how this event changed his life and the consequences he has had to face.

Run Time: 28 Minutes

5.063 Defensive Driving for Government Employees

DVD ONLY

As a government employee, your highest risk of death is behind the wheel. Sometimes accidents cannot be avoided, but you can change your habits and reduce the chances. Some of those basic driving techniques that you learned may have worn off. This video revisits those good driving practices and principles as well as highlights some new issues that will make you a safer and more courteous driver.

Run Time: 19 Minutes

Fleet / Maintenance Shop (continued)**5.064 Backhoe Operator's Safety and Responsibility*****DVD ONLY***

Backhoes are one of the most common types of construction equipment around today. The backhoe can do almost anything. Backhoe operators should be trained and authorized by the company. They are skilled professionals and are responsible for an expensive piece of equipment as well as the safety of those that are working on the project. This video also discusses backhoe operator's PPE and the backhoe's capabilities and limitations.

Run Time: 8 Minutes

Gas Department

6.001 Line Breaking

This video illustrates how to safely manage the materials flowing through a pipeline system. Lockout and tagout/emergency response are also covered.

Run time: 16 Minutes

General Accident Prevention

7.001 American Red Cross Emergency Test

The purpose of this video is to provide guidance on how to prevent accidents, handle accidental injuries and prepare for natural disasters. It also covers potential safety hazards at home and rescue techniques.

Run time: 31 Minutes

7.002 A-OK Finger Safety

Finger injuries, even minor ones can impair the ability to work productively. With proper gloves, finger injuries can be avoided.

Run time: 5 Minutes

7.003 Avoiding Dog Bites

This video illustrates how to prevent dog bites.

Run time: 16 Minutes

7.004 Back Belts

Back belts can help reduce lifting related back injuries, but they need to be used correctly.

Run time: 5 Minutes

7.005 Digging Up Trouble

North America is criss-crossed with a spider web of pipelines. When digging, avoid being caught in the web.

Run time: 5 Minutes

7.006 Disabled Vehicle Accident Procedures

In this video learn what to do with a disabled vehicle, reporting accidents, accident scene procedures, emergency procedures and vehicle fires.

Run time: 16 Minutes

General Accident Prevention (continued)

7.007 Disability Awareness

All people have something to offer to life. President Bill Clinton appears in this video.

Run time: 25 Minutes

7.008 Dog Bite Prevention

This program is designed for service personnel, mail carriers and pedestrians.

Run time: 15 Minutes

7.009 Dog Bite Prevention

When exposed to dogs learn how to prevent from getting dog bit.

Run time: 10 Minutes

7.010 Employee Safety Orientation

This video is crucial for new employees but effective for experienced employees too. Proper clothing, personal protective equipment, fire protection, mechanical and electrical safety are all covered.

Run time: 12 Minutes

7.011 Eye Injuries

Injuries to the eyes can happen instantly. Use proper eye protection.

Run time: 5 Minutes

7.012 Eye Protection

This video teaches how to protect eyes against heat, particles, dust, chemicals and electricity.

Run time: 7 Minutes

General Accident Prevention (continued)

7.013 First Aid for Accidents

This video will teach the basic principals of industrial first aid.

Run time: 17 Minutes

7.014 Getting Your Back Into It

Knowing how your back works can help avoid painful and costly injuries.

Run time: 5 Minutes

7.015 Head Injuries

Take all head wounds seriously. This video teaches you first aid procedures and how to know when to seek medical care.

Run time: 5 Minutes

7.016 Hearing Conservation

There are two types of noise in the workplace, continuous and impulse.

Run time: 12 Minutes

7.017 Hearing Protection: HCP & PPE

Describes why hearing conservation plans and personal protective equipment are important in controlling noise exposure. Different types of hearing protection and their use and care are demonstrated.

Run time: 10 Minutes

7.018 Housekeeping: General Work Space

Clutter in the workplace can often get in the way of safety.

Run time: 5 Minutes

General Accident Prevention (continued)

7.019 Housekeeping

Many problems in the workplace are caused by a lack of cleaning. Dirty tools and cluttered work areas make it difficult to work, wasting time and effort.

Run time: 12 Minutes

7.020 Human Behavior – Reducing Unsafe Acts

General safety is stressed in this video. It's a good program for both employees and supervisors.

Run time: 11 Minutes

7.021 IFICOULDAWOULDASHOULD

How does it feel to know you've gambled with safety and lost with a fall?

Run time: 5 Minutes

7.022 Incident Reporting: You Can Save a Life

This video stresses the importance of following safety standards, controlling hazards and reporting unsafe work conditions.

Run time: 16 Minutes

7.023 Judge, Jury and Executioner

Ignoring potential accidents can be a deadly mistake.

Run time: 5 Minutes

7.024 Knives and Boxcutters

Knives disable more people than any other hand tool.

Run time: 5 Minutes

General Accident Prevention (continued)

7.025 Know Your ABC's: Fire Extinguishers

In this video different types of fire extinguishers and their appropriate uses are discussed.

Run time: 5 Minutes

7.026 Lyme Disease: Danger In The Grass

This video tells how Lyme Disease is spread and describes symptoms and the long-term effects.

Run time: 13 Minutes

7.027 Murder On Your Hands

Hand injuries account for nearly one third of all workplace accidents. The need for proper hand protection is stressed.

Run time: 5 Minutes

7.028 Near Misses

Near misses are accidents that could have happened, but didn't. The video identifies sources of potential accidents.

Run time: 5 Minutes

7.029 Outdoor Safety: Critters and Plants

The beauty and tranquility of the outdoor world may be dangerously deceptive to the unwary and uninformed. Learn about unexpected hazards and valuable lessons in outdoor safety.

Run time: 5 Minutes

7.030 Permit Required Confined Space

Know the categories and examples of confined spaces, how to be aware of certain atmospheric conditions within a confined space, and what OSHA requires.

Run time: 5 Minutes

General Accident Prevention (continued)

7.031 Personal Protective Equipment: Overview

There is a wide assortment of personal protective equipment. Choose the right one for the job.

Run time: 5 Minutes

7.032 Protective Clothing

Learn general protection of the body, head, eyes, hands, and feet.

Run time: 12 Minutes

7.033 Protection Against Hepatitis B in the Workplace

Hepatitis B is a potentially life threatening bloodborne pathogen that infects a quarter million people every year.

Run time: 5 Minutes

7.034 Protective Equipment

Protective gear (hard hats, goggles, gloves, and other equipment) does no good if not used properly.

Run time: 5 Minutes

7.035 Pumping Air

Air power tools make a job easier. They can be dangerous if not handled with care.

Run time: 5 Minutes

7.036 Respirator Care and Use

A respirator can only be protected if it is properly selected, worn and cared for. This video covers the basic points.

Run time: 9 Minutes

General Accident Prevention (continued)

7.037 Respirator Maintenance

View this informative lesson on the importance of maintaining respirators to protect one from airborne hazards. It includes inspection, cleaning, repair and storage.

Run time: 6 Minutes

7.038 Respiratory Protection

Exposure to respiratory hazards can damage your lungs. Different types of respirators and respirator use and care are covered in this video.

Run time: 6 Minutes

7.039 Safe Practice for Custodial Workers

Bloodborne pathogen protection for custodial and maintenance workers is reviewed. Safe methods to clean up spills, dispose of needles, dispose of condoms and working with floor machines are covered.

Run time: 25 Minutes

7.040 Self-Contained Respirators: Part 1

A Self-Contained Breathing Apparatus provides the worker with protection from atmospheric conditions that may be toxic.

Run time: 5 Minutes

7.041 Slag Injuries to the Eyes

When thrown into the eye, even the smallest particle can do great harm. Employees are reminded of the need for proper eye protection.

Run time: 5 Minutes

7.042 Slippin' and Trippin'

Workers learn a few simple housekeeping techniques to help reduce slipping and tripping in the shop.

Run time: 5 Minutes

General Accident Prevention (continued)

7.043 Slip, Trips and Falls

This video is designed to make workers aware of the high risk of injury due to slipping, tripping and falling in the workplace.

Run time: 17 Minutes

7.044 Space Heaters

This video alerts us to the hazards of portable space heaters.

Run time: 5 Minutes

7.045 Sorry, I Didn't Hear That

Work site noises can impair hearing. The threat of noise pollution is not a joke.

Run time: 5 Minutes

7.046 Stairways and Ladders: Overview

Falls from ladders and stairways are common. Use common sense.

Run time: 5 Minutes

7.047 Stepladders

Stepladder accidents result from poor conditions, improper selection or improper set-up and use.

Run time: 5 Minutes

7.048 Stop the Bleeding

With severe bleeding, quick and proper action is vital. The basic first aid procedures are demonstrated in this video.

Run time: 5 Minutes

General Accident Prevention (continued)

7.049 The Big Stretch

Stretching can make employees feel good and work better. The importance of stretching and its benefits are shown.

Run time: 5 Minutes

7.050 The First Line of Defense: Fire Extinguishers

The basic types of fire extinguishers as well as their proper use and maintenance are illustrated in this video.

Run time: 5 Minutes

7.052 When Lightning Strikes

Lightning is a powerful deadly force. Learn more about lightning, and lightning safety.

Run time: 5 Minutes

7.053 Where Are Your Hands?

Hand injuries account for a major portion of on-the-job accidents in today's workplace.

Run time: 5 Minutes

7.054 Work Surface Safety

Good employee housekeeping and good employee practices are reviewed.

Run time: 6 Minutes

7.055 Worker's Enemy Number One

Learn how to avoid back injury through common sense practice.

Run time: 5 Minutes

General Accident Prevention (continued)

7.056 Pro-Active Safety

Pro-Active Safety puts you in charge of your own destiny. Prevent accidents by systematically developing the safest practical methods of working.

Run time: 5 Minutes

7.057 A Lift to Safety

Although important on many job sites, personnel lift baskets can be extremely dangerous. Proper procedures for a safe lift are reviewed.

Run time: 5 Minutes

7.058 Heat Can Kill

Learn to identify heat stroke symptoms and to administer proper first aid treatment.

Run time: 5 Minutes

7.059 Hearing Protection Devices

Wearing a hearing protection device is the only way to prevent hearing loss from exposure to excessive noise. However, to be effective, HPD's must be worn correctly and consistently.

Run time: 5 Minutes

7.060 Now Hear This

Hearing loss caused by excessive noise may be permanent. Help protect your hearing by knowing how much noise is too much noise, and by following requirements for hearing protection.

Run time: 5 Minutes

7.061 Falls

Falls are one of the most common types of accidents, yet one of the easiest to prevent. The causes of falls and ways they can be avoided are examined.

Run time: 5 Minutes

General Accident Prevention (continued)

7.062 Heat Illness

Overexposure to high temperatures and humidity can quickly lead to heat-related illness. Early recognition and proper treatment are necessary to help prevent a medical emergency.

Run time: 5 Minutes

7.063 Back to Basics

Four out of five Americans will have back problems. This video shows what can cause back injuries and how you can avoid them.

Run time: 5 Minutes

7.064 Self-Help for Back Pain

Understanding back pain occurrence goes a long way toward prevention. This video explains some methods to prevent back injury and simple exercises for relieving pain.

Run time: 5 Minutes

7.065 Safety Awareness: Real Accidents, Real Stories

This emotionally charged production has injured workers tell their story about how they became complacent and got hurt.

Run Time: 18 Minutes

7.066 Responding to Heart Attack

DVD ONLY

This video helps you to understand what a heart attack is, symptoms/signs of a heart attack and how to respond to a heart attack victim.

Run Time: 7 Minutes

7.067 Responding to Bites and Stings

This video helps you to understand how to respond in a situation where someone has been bitten or stung by a poisonous spider, snake, etc.

Run Time: 9 Minutes

General Accident Prevention (continued)

7.068 Responding to Allergic Reaction

This video helps you to understand how to respond in a situation where someone has an allergic reaction.

Run Time: 7 Minutes

7.069 Responding to Seizures

This video helps you to understand what a seizure is, causes of a seizure and how to respond to a seizure victim.

Run Time: 8 Minutes

7.070 Responding to Asthma

This video helps you to understand what asthma is, symptoms/signs of an asthma attack and how to respond to an asthma victim.

Run Time: 7 Minutes

7.071 Responding to Stroke

This video helps you to understand what a stroke is, symptoms/signs of a stroke and how to respond to a stroke victim.

Run Time: 9 Minutes

7.072 It's Up to Me

If you want a workplace that is injury free it is up to each and every employee to follow safety procedures and guidelines and take them seriously.

Run Time: 14 Minutes

7.073 Elements of Back Care: General Industry

This video describes how to prevent back injury by stretching and exercising. It also discusses body mechanics and proper lifting techniques.

Run Time: 14 Minutes

General Accident Prevention (continued)

7.074 Stretching Out at Work

This video stresses the importance of stretching to avoid injury.

Run Time: 12 Minutes

7.075 Stress Management: A Practical Approach

This video illustrates the right way and the wrong way to deal with stress in the workplace.

Run Time: 18 Minutes

7.076 It Only Takes a Second (Discussion Guide)

This video has no words. It is designed to grab the viewer's attention and focus their thoughts on safety. The video is an excellent tool to set the stage for discussion on nearly any safety issue.

Run Time: 3 Minutes

7.077 Back Safety: Exercise and Ergonomics

This video teaches you how to be proactive in preventing back injuries. It also talks about the benefits of stretching and teaches four basic stretches for the lower back.

Run Time: 16 Minutes

7.078 Accidents Aren't One of Those Things

This video has a former paramedic describing accidents that he has responded to that wouldn't have happened if proper safety procedures were followed.

Run Time: 20 Minutes

7.079 Tree Trimming Safety

Run Time: 20 Minutes

7.080 Chainsaw Safety

Run Time: 12 Minutes

7.081 Employee Awareness: Pool Safety

Run Time: 9 Minutes

7.082 The Safe Operations of Utility Carts (Golf Carts)

Run Time: 10 Minutes

7.083 Inspecting Playgrounds for Hazards

Run Time: 35 Minutes

General Accident Prevention (continued)

7.084 Softball and Baseball Field Maintenance and Safety

This video teaches how to maintain softball and baseball fields and how to keep the area safe. It also recommends a safety checklist to be used as part of a regular maintenance program.

Run Time: 25 Minutes

7.085 On The Road: The Lighter Side of Lifting

This video advises us on how to lift safely. Some suggestions are: (1) keep it close and keep the curves – in your spine, (2) build a bridge, (3) warming up, (4) stretching and (5) stance.

Run Time: 21 Minutes

7.086 Responsibility

No one comes to work planning to work unsafely, but sometimes we get in a hurry or have other things on our minds or just get careless. We need to take control of the situation and be responsible for our actions and reactions.

Run Time: 10 Minutes

7.087 Safety Guidelines for Every Employee

DVD ONLY

This video covers several very important safety topics that every employee should be familiar with such as personal protective equipment, bloodborne pathogens, hazardous communications and good housekeeping.

Run Time: 14 Minutes

7.088 Preventing Slips, Trips & Falls (General Industry)

DVD ONLY

This video covers how and why slips, trips and falls happen and how to prevent them. It goes over prevention both indoors and outdoors.

Run Time: 14 Minutes

7.089 Working Safely in Hot Environments

DVD ONLY

This video teaches how to recognize the symptoms of heat related illnesses such as heat rash, heat cramps, heat stress, heat exhaustion and heat stroke as well as how to prevent and treat them.

Run Time: 15 Minutes

General Accident Prevention (continued)

7.090 Overexertion: Injury Prevention

DVD ONLY

Objects can wear and break down, but we often think of our bodies as indestructible. Overexertion type injuries are the highest percentage of worker compensations costs. These types of injuries are often associated with lifting, pushing, pulling, tossing and handling materials. In this video you will learn how the body functions, risk factors associated with overexertion type injuries and preventive measures you can utilize to reduce your exposure and prevent injuries. This video will educate and motivate your employees to make the proper decisions and lifestyle adjustments to ensure their health and safety.

Run Time: 14 Minutes

7.091 An Extra Effort For Safety Sake

DVD ONLY

Everyone is responsible and accountable for safety. Whether you are a new employee, a 20 year veteran or a plant manager, this program is ideal for everyone at your site. This video teaches key principles to help ensure an accident free workplace. It also discusses hazards that cause workplace accidents such as overexertion, falls, moving vehicles, hazardous materials, electricity, confined spaces, etc.

Run Time: 15 Minutes

7.092 Dealing With Stress

DVD ONLY

Dealing with stress is a daily task for anyone balancing a full time job and a normal life in today's world. It is your reaction to stress that can make you sick, not a stressful situation. This video will teach you how to identify stress and how to learn to cope with it. The secret to fighting stress is knowing yourself and understanding how your body responds to stressful situations.

Run Time: 16 Minutes

7.093 Fire Extinguishers: Ready to Respond

DVD ONLY

This video teaches you what makes fires burn, the five different classes of fire and why you have to use the right type of extinguisher to put out each kind of fire. You will also learn how to inspect a fire extinguisher to make sure it is ready when you need it and how to use a fire extinguisher effectively.

Run Time: 14 Minutes

7.094 Pro-Active Safety: The Self-Inspection

DVD ONLY

Pro-Active Safety means that you pre-act instead of react. Pro-active workers beat danger to the punch. By using the four step safety plan, I.A.I.M.(Identification, Assessment, Intervention and Maintenance) you will learn how accidents can usually be prevented. Self inspections are done to make sure possible hazards don't turn into accidents. This video also discusses the task exposure analysis (T.E.A.) and the continuous self inspection (C.S.I.).

Run Time: 15 Minutes

General Accident Prevention (continued)

7.095 Don't Bet Your Life on Unsafe Acts

DVD ONLY

This video shows several people taking short cuts and risking their lives in the process. When you do this you are basically betting your life that nothing will go wrong! This video examines some of the reasons people choose to place their lives in danger. We can learn to recognize and avoid making these types of tragic decisions.

Run Time: 14 Minutes

7.097 Heat Stress: Staying Healthy, Working Safely

DVD ONLY

This video discusses the hazards of working in the heat and how to minimize the health hazards that go along with working in a hot environment. The symptoms of heat cramps, heat exhaustion and heat stroke are discussed in this program as well as what steps we can take to prevent and/or treat these heat related illnesses.

Run Time: 15 Minutes

7.098 The Back Owner's Guide to Lifting and Stretching

DVD ONLY

The speaker in this video is an occupational therapist named Michael Melnik who speaks to groups around the country about lifting and stretching. He offers many tips to make lifting less harmful to our backs and gives us choices to make when we are lifting.

Run Time: 16 Minutes

7.099 The Newcomers

DVD ONLY

This riveting program follows five employees as they go through a busy day at work. Viewers then keep track of safety no- no's, watch the consequences and get shocked by the sobering twist at the end! This will give employees an eye-opening look at hazard recognition.

Run Time: 22 Minutes

7.100 Emergency Action Plan: The Team Approach

DVD ONLY

An emergency action plan is a detailed plan developed specifically for your company to outline emergency response procedures and to define employee responsibilities and actions. This program teaches the basics of the emergency action plan. You will learn about: evacuation procedures, assembly and check in, teamwork, practice and personnel responsibility – including your own.

Run Time: 19 Minutes

General Accident Prevention (continued)

7.101 Personal Protective Equipment: The Right Choice *DVD ONLY*

This video gives you a first-hand look at the tragic consequences when you do not wear the proper PPE. Watch a worker's testimony on how he was injured because he didn't wear the right equipment. Once your workers see what COULD happen, then perhaps, unlike the worker in this training program, they'd be more likely to take their PPE seriously. This video covers: (1)Wearing the right PPE for the job, (2)The importance of PPE, (3)Employer's and employee's responsibility, (4)Care and maintenance of PPE and (5)Different types of PPE.

7.102 Horizontal Directional Drilling: Safe Work Practices *DVD ONLY*

This video is made by the Underground Contractors Association of Illinois. It provides valuable information on how to prevent accidents and injuries related to horizontal directional drilling operations.

Run Time: 24

7.103 UCA Safety DVD *DVD ONLY*

This video is made by the Underground Contractors Association of Illinois. It has segments on these topics: Auger boring, General Construction Site, Hazmat, Heavy Equipment Operations, Pipe Handling, Flagging Safety, Trench Shoring and Tunneling Safety. Each segment is approximately 20 minutes long.

7.104 Public Building Security: It's Everyone's Concern *DVD ONLY*

For buildings that house government agencies, municipal buildings and customer service organizations, maintaining security and dealing with the public becomes a balancing act between public safety and public service. This video examines some security measures such as the use of I.D. badges, metal detectors, other screening methods, security guards, employee awareness and parking restrictions and discusses why these are necessary. It also explores ways of handling high-stress situations involving visitors to the building who may be frustrated and angry by the time they reach you.

Run Time: 18 Minutes

7.105 Groundskeeping Safety: Dealing with Bugs and Critters *DVD ONLY*

Insects may be small critters, but they can cause serious and even fatal consequences. This program is designed especially for public works, utility, government employees, grounds maintenance personnel or other outdoor workers and is essential for insect protection and general safety in a work environment. Also covered are West Nile Virus, basic PPE, snakes, wasps, bees, fire ants, poison ivy.oak and first aid.

Run Time: 15 Minute

General Accident Prevention (continued)

7.106 Groundskeeping Safety: Be a Pro!

DVD ONLY

As professional groundskeepers know, maintaining lawns, trees and shrubs requires potentially dangerous equipment and chemicals. Prune and refine our safety measures with this program. It explains how one can avoid unnecessary accidents by thinking: safe or sorry? It also covers: a general checklist for safety, tractors, riding mowers, push mowers, blowers, trim and brush cutting equipment, and a checklist for hazardous materials.

Run Time: 17 Minutes

7.107 Heat Stress for Public Employees: Seeing Red

DVD ONLY

Heat Stress, heat stroke, heat rashes and heat cramps are all dangerous to your employees. This training DVD will give them the knowledge they need to avoid the dangers of working in hot, humid conditions. Also discussed in this program are: acclimatization, hydration, proper clothing and signs of fatigue.

Run Time: 14 Minutes

7.108 Protecting Your Feet: Learning the ABC's

DVD ONLY

People take their feet for granted. What is the result of that negligence? 100,000 injuries a year! Make sure your workers don't make the same slip-up. Show them the ways people can injure their feet. They will learn prevention basics and become familiar with ANSI's and OSHA's footwear standards with this program.

Run Time: 15 Minutes

7.109 Working Safely in Cold Weather

DVD ONLY

This video discusses a number of the hazards that working in the cold presents, such as cold stress, hypothermia frost bite & first aid for these conditions. It also shows you ways to plan ahead, such as how to dress & what to eat & drink, so you can protect yourself from these dangers. This program also gives you some tips on driving in cold, icy weather. For the purposes of this video, cold weather is considered anything below 59 degrees.

Run Time: 15 Minutes

Hazardous Material

8.001 Cracking the Code

This video provides you with hazard material information and record keeping.

Run time: 5 Minutes

8.002 Handling Hazardous Materials

This is a refresher lesson on working with and around hazardous materials including training, handling and protection.

Run time: 6 Minutes

8.003 Hazard Communications - Right to Know

This program meets the legal requirements for training in the use of petroleum products, diesel fuel, office chemicals, paint, and material safety.

Run time: 10 Minutes

8.004 Hazardous Materials Regulations: Overview

This video should help reduce incidents involving hazardous materials from employees and employers.

Run time: 5 Minutes

8.005 Hazardous Waste Awareness

This video defines hazardous waste, explains proper management (handling and storage) and protective equipment.

Run time: 6 Minutes

8.006 Hazwoper Part 1: Training and Information

Hazardous waste can pose serious dangers to workers who may be exposed during clean-up operations or emergency response. Proper training and information can help ensure safety.

Run time: 5 Minutes

Hazardous Material (continued)

8.007 Hazwoper Part II: Hazard Identification and Control

Hazardous waste is a serious safety and health hazard. Identification and control of hazards is essential.

Run time: 5 Minutes

8.008 Pesticide Primer

Pesticides are made to kill. Whether they kill a pest or a person depends on the dose. Learn what you can do to reduce your exposure to pesticides and their effects.

Run time: 5 Minutes

8.009 The Anthrax Threat

This video gives a detailed summary of what anthrax is, how someone can become infected and how the infection affects the body. If you or your company receives a suspicious letter or package, knowing what steps to take to deal with the situation are vital to minimizing risk.

Run time: 15 Minutes

8.010 Chemical and Biological Threat

This video addresses the threat of terrorist acts involving chemical or biological agents and how businesses and individuals can reduce potential risks with information and proper emergency planning.

Run time: 20 Minutes

8.011 Hazard Communication: Elements of Safety

DVD ONLY

The hazard communication standard ensures that employers keep their employees informed about hazardous chemicals in the workplace. This video will explain (1) what hazcom training is, (2) what physical and health hazards are, (3) how you can be exposed and how to protect yourself from exposure, (4) exposure limits, (5) material safety data sheets and (6) labels and warnings you should be familiar with. Always remember that it only takes one worker to cause an incident. But when everyone works together to scan for hazards, focus on the task at hand and act safely it's a win-win situation.

Run Time: 16 Minutes

Law Enforcement

- 9.001 **Accident Scene Management**
Run time: 30 Minutes
- 9.002 **Basic and Power Handcuffing Techniques**
Run time: 30 Minutes
- 9.003 **Community Policing Part 1: Responding to Violence in the Workplace**
Run time: 35 Minutes
- 9.004 **Control Holds and Takedowns**
Run time: 30 Minutes
- 9.005 **Counter Assault and Survival Tactics: Fighting through Pepperspray**
Run time: 30 Minutes
- 9.006 **Effective Courtroom Testimony 1: Preparing for Court**
Run time: 46 Minutes
- 9.007 **Effective Courtroom Testimony 2: Principles and Performance**
Run time: 30 Minutes
- 9.008 **Crime Scene Preservation**
Run time: 33 Minutes
- 9.009 **Cultural Diversity 1: Street Level Spanish**
Run time: 32 Minutes
- 9.010 **Edged-Weapon Defense and Disarming Techniques**
Run time: 31 Minutes
- 9.011 **Field Interviewing: Recognition of Deception**
Run time: 43 Minutes
- 9.012 **Firearms and Use of Cover**
Run time: 27 Minutes
- 9.013 **First Aid for First Responders: Heart-Attacks and Adult CPR**
Run time: 29 Minutes
- 9.014 **First Response to Armed and Barricaded Situations: Part 1**
Run time: 29 Minutes

Law Enforcement (continued)

- 9.015 **First Response to Armed and Barricaded Situations: Part 2**
Run time: 38 Minutes

- 9.016 **Gang Recognition**
Run time: 29 Minutes

- 9.017 **Handgun Retention 2: Drawn Gun**
Run time: 30 Minutes

- 9.018 **Handgun Retention 1: Five Holstered Techniques**
Run time: 29 Minutes

- 9.019 **In Custody Care: Positional Asphyxia, Sudden Death and Transporting Suspects**
Run time: 29 Minutes

- 9.020 **Line Officer Survival and Safety: Building Searches, Frisks and Equipment**
Run time: 29 Minutes

- 9.021 **Line Officer Tactical Shotgun**
Run time: 27 Minutes

- 9.022 **Making Your Case and Making it Stick: Part 1, Voluntary Contacts**
Run time: 28 Minutes

- 9.023 **Making Your Case and Making it Stick: Part 2; Detention, Arrests and the Miranda**
Run time: 30 Minutes

- 9.024 **Officer Stress Management Part 2: Citizen Contacts / Post Pursuit**
Run time: 32 Minutes

- 9.025 **Officer Stress Management Part 1: Stress of the Gunfight**
Run time: 30 Minutes

- 9.026 **Principles of Officer Safety and Survival**
Run time: 30 Minutes

- 9.027 **Professional Ethics in Law Enforcement**
Run time: 41 Minutes

- 9.028 **Pursuit and Defensive Driving**
Run time: 25 Minutes

Law Enforcement (continued)

- 9.029 **Responding to Domestic Violence: Part 1**
Run time: 34 Minutes
- 9.030 **Responding to Domestic Violence: Part 2**
Run time: 32 Minutes
- 9.031 **Serving Search Warrants**
Run time: 26 Minutes
- 9.032 **Straight Baton Techniques**
Run time: 32 Minutes
- 9.033 **Street Level Drug Enforcement**
Run time: 33 Minutes
- 9.034 **Street Level Fitness**
Run time: 29 Minutes
- 9.035 **Subject Control and Compliances 2: Ground Control and Defense**
Run time: 26 Minutes
- 9.036 **Team Shooting Techniques, Contact & Cover**
Run time: 27 Minutes
- 9.037 **The Dynamics of Off-Duty Encounters: Part 1**
Run time: 29 Minutes
- 9.039 **Traffic Stops 1: Unknown Risk**
Run time: 32 Minutes
- 9.040 **Traffic Stops 2: High Risk Contacts**
Run time: 27 Minutes
- 9.041 **Police Liability Training: Use of Force**
Run Time: 17 Minutes
- 9.042 **Police Liability Training: Pursuit and Emergency Response**
Run Time: 16 Minutes

Law Enforcement (continued)

9.043 Police Pursuit Death Case: Michelle Norton's Story

This video tells a story of how tragedy can strike when safety regulations are not followed.

Run Time: 20 Minutes

9.044 Irate Motorist

A traffic stop in Maine enrages a motorist to the point where extraordinary restraint must be used by the officer involved.

Run Time: 24 Minutes

9.045 Hostage – Taker Interview

This video has an in-depth jailhouse interview with a Renton (WA) Safeway store hostage – taker. This is an excellent training video for officers who deal with complex human personalities and thought processes.

Run Time: 30 Minutes

9.046 Flea Market Shooting

In this video Pennsylvania police kill a deranged homicide suspect at a crowded flea market after he throws car parts and then himself at them.

Run Time: 29 Minutes

9.047 Dealing With the Mentally Ill and Disturbed Subjects

This video features the Albuquerque, New Mexico Police Department which is at the very forefront of officer training for dealing with the mentally ill and disturbed. Mental health experts with the department are interviewed at length for their expertise. Also, you will ride with Albuquerque officers to see first hand how this department is implementing their strategy and why it has become the most state-of-the-art in the entire country's law enforcement community.

Run Time: 60 Minutes

Law Enforcement (continued)

9.048 Methamphetamines: An Update

This training program is very informational on methamphetamine use and lab detection. The skyrocketing use of methamphetamines will be addressed.

Run Time: 39 Minutes

9.049 Simple Spanish Commands

With almost absolute certainty all peace officers at some point in their careers will deal with subjects who speak only Spanish. This program guides officers through the most commonly used law enforcement Spanish commands and teaches them via a very easy verbal refresher.

Run Time: 30 Minutes

9.050 Staying Calm Under Pressure (Dispatchers)

Dispatchers are often the most neglected yet vital link in the lifeline of any major incident. This video training program includes vital tips and “lessons learned” from experts in dispatcher training.

Run Time: 30 Minutes

9.051 Serving Warrants (The Do’s and Don’ts)

It can be the law enforcement officer’s most dangerous task. This video hits the major points of how to prepare for serving the warrant and executing it.

Run Time: 10 Minutes

9.052 Rapid Response to the Active Shooter

This training video details the latest tactics for dealing with an active shooter.

Run Time: 50 Minutes

9.053 Traffic Safety / Passenger Side Approach

Several incidents in which officers have either been injured or killed during traffic stops are examined.

Run Time: 29 Minutes

Law Enforcement (continued)

9.054 Racial Profiling

There is not a hotter topic in law enforcement today. Making stops on the basis of the race or ethnicity of those in a car rather than on grounds of reasonable suspicion is wrong and a violation of rights.

Run Time: 20 Minutes

9.055 Cops and Ethics

This issue of law enforcement ethics and leadership is one of the biggest issues facing law enforcement today. This outstanding video goes over the do's and don'ts of proper ethical procedures.

Run Time: 20 Minutes

9.056 Less Than Lethal Force Options

This program is geared specifically to provide officers and departments with the very latest options currently available involving weapons of less than lethal force. This includes actual video of both the bean bag and the TASER in use and tutorials on both provided by law enforcement experts.

Run Time: 20 Minutes

9.057 Domestic Violence

Anne O'Dell, a former veteran street cop provides highly-touted training for officers dealing with issues of domestic violence. Invaluable information and lessons for departments wanting to lower domestic violence are included in this video.

Run Time: 60 Minutes

9.058 Suicide by Cop / PRIsim Firearms Training

A chase ends when a robbery suspect exits his vehicle, and points his weapon directly at the first arriving officer. The result, recorded dramatically by two cruiser cameras, is "suicide by cop".

Run Time: 42 Minutes

Law Enforcement (continued)

9.059 Groundfighting / Gunfight / Chicago P.D. Streaming Video

An Alabama officer gets into a violent fight with a subject who takes a gun from the officer's ankle holster. The resulting shoot-out ends with the subject's death. This dramatic segment features an in-depth interview with the officer.

Run Time: 39 Minutes

9.060 Blood-Borne Pathogens

Every officer who is ever exposed to blood or other body fluids faces danger from bloodborne diseases including HIV, hepatitis C, syphilis and many other diseases. The exposure can be deadly.

Run Time: 28 Minutes

9.061 Corrections / Jailers Safety

This program provides in-depth information and training for corrections officers / jailers regarding safe dealings with inmates / convicts.

Run Time: 32 Minutes

9.062 Incredible Montana Pursuit / Shootouts Caught on Tape * DVD ONLY*

This is a breathtaking chase and shootout caught on tape. Montana law enforcement officers pursue a suspect in a bar shooting in which one person was killed and seven others wounded.

Run Time: 56 Minutes

9.063 Wisconsin Officers Stop Jumper and Save Baby Dumped from Car * DVD ONLY*

Two separate incidents and two lives saved!! You will be proud of your fellow officers when watching this video.

Run Time: 47 Minutes

Law Enforcement (continued)

9.064 A Cop's Life Saver: Passenger Side Approach * DVD ONLY*

Law enforcement officers all over the country are changing their approach as a result of this video. The whys and wherefores of the passenger-side approach are demonstrated with dramatic evidence of how it saved one officer's life.

Run Time: 38 Minutes

9.065 Missed Patdown Horror Story * DVD ONLY*

San Bernardino municipal and county officers made a mistake that could have been more deadly than it was when they arrested a man accused of shooting an officer. A gun hidden in the man's waistband was missed in a patdown. The man pulled the gun in a holding cell and committed suicide. He could have shot an officer. Important lesson learned here.

Run Time: 36 Minutes

9.066 What Dogs Tell Cops * DVD ONLY*

Within a period of less than a year, 2 Tennessee officers put down dogs in separate incidents. It led to a national outcry and to a need for officers to better understand animal behavior. This program is designed to do just that, and to provide useful information for officers to protect themselves if attacked by dogs.

Run Time: 36 Minutes

9.067 Updated Cincinnati White Castle Incident * DVD ONLY*

Sometimes officers can do everything right and things still go wrong. In this case, a druggie high on a variety of drugs resists officers. After a long struggle, he is subdued, but moments later, dies. This program is a must see for every street cop.

Run Time: 54 Minutes

9.068 Hanahan SC Cop Run Over During Stop Attempt * DVD ONLY*

A drug suspect refuses to get out from behind the wheel of a vehicle during a bust. Instead, he drives forward and bumps an officer. Fearing for their lives, other officers open fire, killing the subject.

Run Time: 45 Minutes

Law Enforcement (continued)

9.069 Courthouse Security / What Every Cop Should Know * DVD ONLY*

The deadly Fulton County Courthouse triple murder in Atlanta has brought attention to the courthouse security issue. This program is focused on the law enforcement officer who is involved in any aspect of courthouse/courtroom security.

Run Time: 51 Minutes

9.070 MO Cop's Street Smarts Nail Twin Killers * DVD ONLY*

A young man and his sister were en-route to Las Vegas after killing their mother and grandparents in Indianapolis. Traveling over the speed limit in Missouri, they were stopped by a deputy. His alert questioning produced indicator after indicator that something was wrong. Roadside cooperation with Indiana officers and professional questioning soon brought a confession and arrests.

Run Time: 45 Minutes

9.071 Interrogation Techniques on the Street and at Headquarters * DVD ONLY*

Proper interrogations can be a key ingredient in solving crimes and providing evidence for a conviction. It can be a patrol officer interrogating a subject at the scene, or a detective back at headquarters. Cases are made and broken through the interrogation process. Learn the proper techniques from the experts.

Run Time: 45 Minutes

9.072 Shreveport Officers Kill Cell Phone Wielder / Use of Force * DVD ONLY*

Imagine yourself chasing a suspect who turns and points what appears to be a gun at you. You fire. The "gun" turns out to be a cell phone. You can imagine the outcry. Months and months after this incident, it is still generating conversation.

Run Time: 32 Minutes

9.073 Groundfighting for Female / Smaller Officers * DVD ONLY*

It happens every day. Smaller officers, many of them female, are confronted by much larger subjects. It doesn't have to be a disadvantage and won't be after viewing this very instructive video. Trainer Herb Hood, one of the most respected groundfighting instructors in the country is featured with ground fighting tactics smaller officers and all officers can use.

Run Time: 31 Minutes

Law Enforcement (continued)

9.074 What Every Law Enforcement Agency Should Know About Tasers * DVD ONLY*

The taser has rapidly become one of the most important less lethal tools ever for law enforcement officers. In this video you can (1) learn answers to the most frequently asked taser questions, (2) learn different funding sources to help you purchase tasers, (3) learn exactly how to approach city governments about buying tasers, (4) get clarification on taser issues in the news and (5) see tasers in a wide variety of uses and training modules.

Run Time: 45 Minutes

9.075 Officer Shot and Killed After Missing Weapon Patdown * DVD ONLY*

A suspected cop shooter is arrested by two St. Louis officers. It turned tragic when they missed a weapon on a patdown. The subject uses the hidden weapon to kill one of the arresting officers. This program features complete and thorough patdown training.

Run Time: 35 Minutes

9.076 Weapon Retention Training * DVD ONLY*

One of the nation's premiere law enforcement trainers, Herb Hood, provides complete and thorough training on his newly-developed and easy-to-learn weapons retention system. This is a must and possible life-saver for any officer working the street.

Run Time: 34 Minutes

9.077 Michelle Jeter Beating (Power Point Included) *DVD ONLY*

Texas female Officer Michelle Jeter was nearly beaten to death during traffic stop. This is the first ever in-depth training interview from Officer Jeter.

Run Time: 35 Minutes

9.078 Utah Cruiser Stolen (Power Point Included) *DVD ONLY*

When arrested, a female somehow gets behind the wheel and drives away. A Utah officer's cruiser is taken.

Run Time: 29 Minutes

9.079 Iron Will to Succeed # 4: Mobile Officer in Chase/Shootout (P.P. included) *DVD ONLY*

This is a dramatic video showing officer resourcefulness and courage during a highly dramatic and harrowing incident.

Run Time: 32 Minutes

Law Enforcement (continued)

9.080 Poise Under Pressure: Texas Deputy Profaned (Power Point included) *DVD ONLY*

A black Texas deputy is profaned during a traffic stop. The video illustrates lessons learned on maintaining professionalism and poise under pressure.

Run Time: 29 Minutes

9.081 LA Cop Conned by Escaped Killer (Power Point included) *DVD ONLY*

An escaped Federal prisoner is stopped by a Louisiana officer, but the subject is allowed to leave despite many signs pointing to him as the escapee. Top to bottom cruiser cam video. Lessons and analysis.

Run Time: 29 Minutes

9.082 Murder of Texas Trooper Vetter (Power Point included) *DVD ONLY*

It is entirely caught on tape: an elderly rifle wielder guns down a Texas trooper and then stands idly by, rifle in hand, as back-up officers arrive. One of the most stark and overwhelming training videos. This video contains interviews with officers involved and innumerable lessons learned and expert analysis.

Run Time: 32 Minutes

9.083 Indiana Bank Robberies (Power Point included) *DVD ONLY*

This scenario is complicated by the fact that the chase crosses state lines, which raises jurisdictional and communications issues.

Run Time: 39 Minutes

9.084 Cop Shot in Face; Kills Assailant (Power Point included) *DVD ONLY*

A Georgia Deputy iron will to survive....He is shot in the face and he kills the assailant.

Run Time: 31 Minutes

9.085 The Stop of the Century/Tim McVeigh (Power Point included) *DVD ONLY*

The Oklahoma State Trooper who stopped Timothy McVeigh after the Oklahoma City bombing talks about on of the most important stops in history. Learn how it all came about and how little things can mean a lot.

Run Time: 33 Minutes

Law Enforcement (continued)

9.086 Could a Russian School Siege Happen Here? (Power Point included) *DVD ONLY*

The attack by terrorists at an elementary school in Russia may not be as far off as it seems. Shortly after this deadly incident in which more than 300 people died, detailed plans of several U.S. schools were found in raids against Islamic terrorists. One of the world's most respected law enforcement consultants provides absolutely critical insight regarding a possible "Russian school Siege" in the U.S.

Run Time: 31 Minutes

9.087 Dealing With a Naked Subject (Power Point included) *DVD ONLY*

Information compiled by the prestigious Force Science Research Center at the University of Minnesota-Mankato provides the basis for this video. A lot can be going on when law enforcement is called to deal with a naked person.

Run Time: 32 Minutes

9.088 When One Incident Becomes Several (Power Point included) *DVD ONLY*

The Utah officers were nearly wiped out during a snowy stop by an out of control vehicle.

Run Time: 29 Minutes

9.089 Edged Weapons Training/Knives Can Kill You Fast *DVD ONLY*

In this video, one of the leading law enforcement experts in the world teaches and trains you to survive a knife attack/assault. This program provides step-by-step training.

Run Time: 41 Minutes

9.090 IL Cops Intuition Pays Off / Drug Interdiction *DVD ONLY*

This video illustrates excellent police work by a young IL officer who stopped a suspicious vehicle and ultimately found nearly a million dollars in drugs hidden. This is a top to bottom video of the incident and a complete analysis.

Run Time: 36 Minutes

9.091 Gangs Update *DVD ONLY*

Through in-depth interviews with law enforcement gang experts, learn about trends in a wide variety of gang-related activity. To be included are updates on Hispanic gangs, Russian gangs, Asian gangs and Street gangs.

Run Time: 52 Minutes

Law Enforcement (continued)

9.092 Back Safety for First Responders

DVD ONLY

While your EMTs, firefighters and law enforcement officers take care of others, you have to take care of them. To keep them healthy, lean on these solid safety techniques and exercises to keep their back muscles strong and flexible. Some topics discussed in this video are: 1)Back structure, 2)Repetitive stress illnesses/reverse stretching, 3)Common first responder back injuries, 4)Proper lifting techniques, 5)Training points for handling stretchers, gurneys and fire hoses.

Run Time: 19 Minutes

Office Safety

10.001 Computeritis

Computeritis is a cumulative trauma disorder that stems from repeatedly striking the computer keys.

Run time: 5 Minutes

10.002 Custodial Staff Safety

This video covers office building restroom cleaning, general cleaning and office safety.

Run time: 11 Minutes

10.003 No More Mr. Mean Screen

By following a few simple steps, working with computers can be safe and more relaxing.

Run time: 5 Minutes

10.004 Office Ergonomics

This video covers three risk factors found in office environments: repetition force, awkward posture, and position.

Run time: 18 Minutes

10.005 Office Ergonomic Task Analysis

This video explains potential problems in the office and reducing risks.

Run time: 16 Minutes

10.006 Office Safety - Fire Plan

Would you know what to do if there was a fire in your office?

Run time: 5 Minutes

Office Safety (continued)

10.007 Office Safety : Personal Workspace

Clutter in the workplace often creates more than an eyesore. It can be a safety hazard.

Run time: 5 Minutes

10.008 Workstation Ergonomics Part 1: Eyestrain

This video illustrates how computer users are highly susceptible to eyestrain.

Run time: 5 Minutes

10.009 Workstation Ergonomics Part 2: Cumulative Trauma Disorders

Computer users are highly susceptible to Cumulative Trauma Disorders caused by repetitive motion at a keyboard.

Run time: 5 Minutes

Safety Management / Administration

11.001 Accident Investigation

An accident investigation is a process that can help you determine what factors contributed to and what caused a given accident.

Run time: 12 Minutes

11.003 Coaching Safe Behavior: Part 2

This video teaches why safety meetings are important. All employees should be involved in safety.

Run time: 7 Minutes

11.004 Drug Testing

A recent study by the national institute on drug abuse reports that a large percentage of employed people are drug users.

Run time: 5 Minutes

11.005 Drug Testing in the Workplace

This video explains why drug testing / screening is necessary and general drug policies.

Run time: 10 Minutes

11.006 Effective Safety Committees

Safety Committees are an excellent approach to tackling multiple safety problems.

Run time: 18 Minutes

11.007 Effective Safety Meetings

DVD ONLY

Get the most out of work hours spent on training by sharpening your skills at creating highly effective safety meetings.

Run time: 5 Minutes

11.008 Emergency Preparedness

Employees and management need to know what potential emergencies exist and how to respond correctly to each one.

Run time: 14 Minutes

Safety Management / Administration (continued)

11.009 Emergency Preparedness

This is a good film to establish an emergency plan.

Run time: 6 Minutes

11.010 How to Develop and Implement an Effective Safety Program

This video is designed for administration persons and mid-management. It offers a complete step-by-step guide to developing and implementing an effective safety program.

Run time: 30 Minutes

11.011 Medical Monitoring: How it Works

Sometimes companies are required to provide physicals for employees. The importance of physical exercise, proper rest and nutrition are covered in this video.

Run time: 8 Minutes

11.012 OSHA Recordkeeping

This video is designed for administrative persons responsible for safety and insurance records. Proper accident investigation is covered.

Run time: 12 Minutes

11.013 Prevention of the Most Common Accidents

Safety is not simple common sense. In order for a good safety program to work, management must set a positive example. Basic points on setting this example are covered in this video.

Run time: 11 Minutes

11.014 Rx for Safety

Careless use of prescription drugs can be dangerous.

Run time: 5 Minutes

11.015 Safety Committee Participation

This video illustrates a method that can increase interest and participation in weekly company safety meetings.

Run time: 10 Minutes

Safety Management / Administration (continued)

11.016 Safety Committees

This program explains how to make safety committees run at their best.

Run time: 12 Minutes

11.017 Safety Program Management: Modules 1 and 2

A step by step approach to managing an effective safety program is presented in this video.

Run time: 19 Minutes

11.018 Safety Program Management: Modules 3, 4, and 5

A step by step approach to managing an effective safety program is presented in this video.

Run time: 19 Minutes

11.019 Supervisor's Guide to Accident Reporting

This program explains employee injury reports.

Run time: 12 Minutes

11.020 Worker's Compensation Fraud

In the United States, workers compensation costs have continued to rise over the last two decades. Insurance premiums are based on an individual company's accident problem. Uninsured (indirect) costs are estimated to be 4 to 10 times that of insured (direct) costs. Learn how worker's Compensation fraud hurts all parties involved.

Run time: 12 Minutes.

11.021 Workers' Compensation Management

This video explains employee and employer cost of workers compensation.

Run time: 14 Minutes

11.022 Safety Committees

Safety Committees can play a major role in a company's safety efforts.

Run time: 5 Minutes

11.023 Safety Coordinator Orientation

This video will assist management personnel or safety coordinators in developing an effective safety program.

Run time: 23 Minutes

Safety Management / Administration (continued)

11.024 Achieving a Drug Free Workplace: A Supervisor's Responsibility

Between 38 and 50 percent of all workers compensation claims are related to drug or alcohol abuse. This video explains how to implement a drug free workplace program. It explains the role of the Medical Review Officer and also teaches how to be prepared to communicate positively and purposefully with your employees.

Run time: 36 Minutes

11.025 Achieving a Drug Free Workplace: An Employee's Perspective

Drug use makes job performance go down, accidents go up and safety violations go through the roof. A drug free workplace program helps to prevent these problems and along the way maybe even show the worker that he/she needs help. This video also helps employees to understand the drug testing process and the role of the Medical Review Officer.

Run time: 28 Minutes

Sanitation – Trash / Recycling

12.001 A User's Guide to Planet Earth

Practical methods of reducing and recycling waste are covered in this film. Also, air pollution, energy, water and forest conservation are addressed. Tom Selleck appears in this video.

Run time: 31 Minutes

12.002 Do You Know Where Your Trash Is?

Trash holds valuable resources that can be reprocessed and used again. Procedures for recycling at home and at the office are illustrated.

Run time: 5 Minutes

12.003 Five Keys to Safe Driving

This is an excellent program designed to teach techniques for safe driving and for operating large vehicles on the road. It also covers the five keys to safe driving using the “Smith System”.

Run time: 13 Minutes

12.004 Front-End Loader Operations and Safety

This video teaches basic operating procedures and techniques for Front-End loaders and helpers. Landfill dumping and general safety are reviewed.

Run time: 13 Minutes

12.005 On the Road Safety

This video teaches driving safety for sanitation and trash trucks on the highway. Safety tips for operation, backing, stopping distance, and maintenance are covered.

Run time: 12 Minutes

12.006 Preventing Back Injuries

Driver safety, vehicle safety, riding on vehicles, trash pick-up, and personal protection are all covered in this film.

Run time: 9 Minutes

Sanitation – Trash Recycling (continued)

12.007 Rear Loader Operations and Safety

Truck operators, helpers, loading the truck, container blockages, and landfill safety are presented in this video. Dumping and residential safety are also illustrated.

Run time: 11 Minutes

12.008 Residential Pick Up Driving and Helpers

This video illustrated safety in driving procedures, riding on vehicles, trash pick-up, personal protection, customer relations, slips, falls and back door pick-up.

Run time: 13 Minutes

12.009 Roll Off Operations and Safety

Safety in loading container, cable type hoist, unloading container, dumping container, container spotting and compacting containers are all covered in this video.

Run time: 15 Minutes

12.010 Side Loader Operations and Safety

Operations of the Side Loader dumping loads, special hazards and special emphasis on safe lifting are covered in this film.

Run time: 11 Minutes

12.011 Static Electricity

Solid tips are offered on how to reduce static electricity sparks.

Run time: 5 Minutes

12.012 Traffic Control Through Work Zones

This video teaches how to protect workers in work zones.

Run time: 21 Minutes

Sanitation – Trash Recycling (continued)

12.013 Vehicle – Backing Accident Prevention and Child Safety

This video explains the common causes of backing accidents

Run time: 10 Minutes

12.014 Waste Control Management: Reduce, Reuse, Repair

This video teaches hazards and costs of recycling.

Run time: 12 Minutes

Violence In The Workplace

13.001 Violence in the Workplace

Today more than 1,000 Americans are murdered on the job.

Run time: 5 Minutes

13.002 Violence in the Workplace: Part 1

Behaviors leading to violence are on the rise in society. Threats of violence and violence represents a serious psychological drain on the workforce. There are many forms that workplace violence can take. Knowing the clues of a situation that can escalate into violence and how to deactivate a potentially violent situation is covered in this video.

Run time: 16 Minutes

13.003 Violence in the Workplace: Part 2

This video covers employee safety, phone location and security guards. Personal protection of employees is important.

Run time: 8 Minutes

13.004 Workplace Violence

Studies have indicated that violence in the workplace is the third leading cause of death. Learn which jobs are at higher risk.

Run time: 10 Minutes

13.005 Violence in the Workplace

A very real, day to day trend of workplace threats, aggression and assaults has grown to epidemic proportion.

Run time: 23 Minutes

13.006 I Could Have Saved a Life That Day

A workers anger/frustrations should be dealt with properly or it could cause serious problems/regrets in the workplace.

Run Time: 15 Minutes

13.007 Managing the Anger to Prevent the Violence

DVD ONLY

Being able to identify and understand how and why people turn violent may help you and your organization avoid such incidents from occurring in your workplace. This program looks at the causes of workplace violence and explores some of the common myths and mysteries associated with workplace violence. Also discussed are some methods of prevention that may help you and your fellow employees to stay safe, stress free and productive.

Run Time: 10 Minutes

Water / Water Waste Department

14.001 Construction Trenching and Shoring

This video covers basic guidelines on trenching and shoring safety and evaluating an excavation site. Emergency response is also reviewed.

Run time: 10 Minutes

14.002 Confined Space Ventilation

Learn when and how to ventilate confined spaces effectively and safety precaution.

Run time: 18 Minutes

14.003 Confined Space Rescue

Getting yourself out of confined spaces. Learn about the retrieval system.

Run time: 31 Minutes

14.004 Confined Space Hotwork

Through a re-enactment of a fatal rail car accident this video explains the hazards of working in confined spaces, particularly when performing hotwork.

Run time: 20 Minutes

14.005 Confined Space Entry

Entering confined spaces such as manholes, tanks and pits can be done safely.

Run time: 18 Minutes

14.006 Chlorine

Chlorine is highly irritating to the skin and respiratory organs. Learn how to handle it safely.

Run time: 5 Minutes

14.007 Once Too Many

When entering a confined space, a few basic safety procedures will ensure a healthy exit. The rules for entering a confined space are outlined.

Run time: 5 Minutes

14.008 Respiratory Protection: A Breath of Fresh Air

This video teaches employees how to protect themselves while working in hazardous atmospheres.

Run time: 18 Minutes

Water / Water Waste Department (continued)

14.009 Trench Emergency

This video was developed to warn employees about the dangers of trench excavations. Through a re-enactment of a trench accident, the dos and don'ts of trench rescue are illustrated.

Run time: 16 Minutes

14.010 Trenching Safety: Part 1

In this video, basic guidelines are discussed to ensure a safe trenching job.

Run time: 5 Minutes

14.011 Trenching Safety: Part 2

In this video, basic guidelines are discussed to ensure a safe trenching job.

Run time: 5 Minutes

14.012 Trench and Shoring

This video covers hydraulic shoring installation.

Run time: 13 Minutes

14.013 Trenching and Shoring Safety

This video was developed to teach employees how to prevent cave-ins and understand trench hazards.

Run time: 18 Minutes

14.014 Whose Job Is It Anyway?

Confined space entries can lead to fatal mistakes.

Run time: 5 Minutes

14.015 Wastewater Backup and Overflow: Response

Run Time: 23 Minutes

14.016 Wastewater Backup and Overflow: Loss Control

Run Time: 23 Minutes

Work Zone Safety

15.001 **Barricade Safety Part 1: The Forbidden Zone**

Serious injuries can be avoided when barricades are properly observed. Tips are offered on barricade safety off and on the job.

Run time: 5 Minutes

15.002 **Barricade Safety Part 2: Deadly Detour**

Driving around road construction and barricades is not only tricky, it can be dangerous to both the driver and road crews.

Run time: 5 Minutes

15.003 **Flagging: You're the Director**

This video was developed to teach employees about proper flagging procedures for use within a highway work zone.

Run time: 17 Minutes

15.005 **Highway Work Zone Safety**

DVD ONLY

Being safety conscious, traffic control devices, slowing down traffic, detour, closures, and communication are all covered in this video.

Run time: 15 Minutes

15.006 **Highway Work Zone Safety 2**

DVD ONLY

This video addresses the proper steps to setup a work zone that is safe for workers and traffic. Also includes traffic control devices and trained flaggers.

Run Time: 12 Minutes

Public Official Liability Training

16.001 Conducting Public Meetings

Run Time: 12 Minutes

16.002 Zoning and Land-Use Issues

Run Time: 12 Minutes

16.003 Employment Practices

Run Time: 12 Minutes

**16.004 Proactive Management and Sexual Harassment:
Recognition, Intervention Prevention**

Run Time: 21 Minutes

16.005 Workplace Harassment, Discrimination & Respect

Run Time: 17 Minutes

16.006 In the Scope of Your Authority: Preventing Public Officials' Liability *DVDONLY*

This video discusses how elected and appointed officials can avoid mistakes that can lead to liability claims and identifies best practices that will allow officials to be successful. Key topics include quasi-judicial hearings, legislative matters, delegating administrative and personnel issues, electronic communications, and maximizing liability protections.

Run Time: 17 Minutes

16.007 Special Events....Special Liabilities *DVD ONLY*

Concerts in the park, festivals lasting several days, even frog jumping contests are special events with very unique liabilities for public entities. This video emphasizes the importance of pre-event planning. It covers topics such as site safety surveys, crowd control, establishing emergency plans, traffic control, common liability exposures and special insurance requirements.

Run Time: 17 Minutes

16.008 Recreational Activity Liability *DVD ONLY*

This video is designed to help supervisors and managers of recreational facilities identify physical and personnel exposures, and controls to help prevent accidents. Topics include safety for swimming pools, gymnastics, skateboard facilities and ice rinks.

Run Time: 16 Minutes

Public Official Liability Training (continued)

16.009 Managing the Risks of Volunteers

DVD ONLY

They coach, assist in community clean-ups and even help fight fires; but volunteers are often exposed to risks of injury, and your public entity to resulting risks of liability. This video will help you identify, plan and address the various risks of your volunteer program, while providing useful tips such as appointing a volunteer coordinator, establishing a volunteer management program, evaluation potential safety hazards and reviewing insurance coverage.

Run Time: 16 Minutes

Loss Control Seminars

17.001 Slip, Trip and Fall Hazards for Public Entities

DVD ONLY

Slips, trips and falls are a major cause of workers compensation and liability losses within public entities. This video presentation will address the recognition, evaluation and control of slip, trip and fall hazards in your workplace and community.

Run Time: 31 Minutes

17.002 Coping with Paperless Workers Compensation Reporting

DVD ONLY

This video contains line-by-line descriptions of the proper way to complete the first report of injury for workers' compensation claims. New electronic filing requirements are also discussed.

Run Time: 17 Minutes

17.003 Hiring, Firing and Retention

DVD ONLY

The most important asset of any organization is its employees. However, hiring and keeping good employees and, when necessary, getting rid of bad ones can be a mine field. This presentation is an overview of the key steps in the process of hiring and retaining good employees, as well as the necessary steps to take when there is no other alternative but to let an employee go.

Run Time: 48 Minutes

17.004 Developing a Safety Culture

DVD ONLY

Entities that successfully instill an effective safety culture do so by adopting safety as a core value and not just something that is mentioned at monthly meetings. The management and supervisors use safety as a method of showing support and belief in their employees. This demonstrates to employees that management does sincerely care about their health and safety. Proactive managers understand they must walk the walk and not turn their heads when hazards are presented, despite how insignificant they may seem.

Run Time: 64 Minutes

Transit

18.001 Turn, Turn, Turn

DVD ONLY

This safety video is made by Transit Mutual Insurance Corporation of Wisconsin. Transit Mutual has had a significant number of turning accidents that have resulted in large settlements. As a result, TMI Corporate Counsel wrote a script and had a short training program produced to remind drivers of the dangers when making right and left turns. Because each type of turn presents its own unique dangers and blind spots, right and left turns are highlighted in separate segments detailing the do's and do not's of driving a municipal transit bus.

Run Time: 10 Minutes

18.002 Slip Sliding Away

DVD ONLY

This safety video is made by Transit Mutual Insurance Corporation of Wisconsin. Driving a bus in wintery weather is challenging, hazardous and down-right dangerous, presenting different demands than any other time of the year. This program is intended to help drivers avoid accidents, reminding drivers of situations where extra caution is needed due to the weather.

Run Time: 7 Minutes

18.003 Seasons in the Sun: Driving Challenges in the Spring and Fall

DVD ONLY

This safety video is made by Transit Mutual Insurance Corporation of Wisconsin. This video highlights a number of scenarios that remind municipal bus drivers to anticipate potential dangers. Runners, roller bladers, bicyclists, kids playing ball games, etc. all create potential dangers when driving a municipal transit bus. Also discussed in this video is road construction and energetic student passengers.

Run Time: 9 Minutes

18.004 Bicycle Built for Two: Driving Challenges for Buses and Bikes

DVD ONLY

This safety video is made by Transit Mutual Insurance Corporation of Wisconsin. Buses and bicycles should be aware of each other and how each uses the streets. This will help bus drivers and bicyclists avoid accidents. This DVD will educate both municipal bus drivers and bicyclists on how buses maneuver, blind spots, and precautions to take to keep the roadways a safe place to travel.

Run Time: 9 Minutes